

OSHER  
LIFELONG  
LEARNING  
INSTITUTE

**FRESNO STATE**  
Continuing and Global Education

# 2018 FALL CATALOG

***For those age 50 and better***

- \* **University-level Courses**
- \* **Fascinating Keynote Speakers**
- \* **Field Trips**
- \* **Book Club**
- \* **Hands-on Experiences**



**Ashton Applewhite**  
**"This Chair Rocks -  
Pushing Back Against Ageism"**  
**October 17**

# Live Inspired!



# Live Inspired!

The Osher Lifelong Learning Institute (OLLI) at Fresno State offers learning opportunities to those age 50 or better. No entrance requirements, tests, grades or papers – just learning for enjoyment, personal growth and intellectual stimulation with like-minded people. Come learn for the love of learning!

## Membership Information

At Fresno State's OLLI, you choose how involved you wish to be, depending on your availability and interests.

**General Sessions and Short Courses are open ONLY to OLLI members. Seating is limited for some events so be sure to return your registration as soon as possible.** Non-members may attend Field Trips and Hands-on Experiences by paying the non-member registration fees for those individual activities (see details under Field Trip & Hands-on Experience listings in this catalog).

Membership fees are non-refundable and non-transferable. Members who must cancel their Field Trips, Hands-on Experiences, or Short Courses will be refunded only if their space can be filled.

You will receive a confirmation letter once we receive your registration and payment. We cannot hold space without a paid registration.

## Parking

OLLI incurs a parking charge; however, we do not pass this expense on to you. Members may request a parking permit by checking the option on the registration form. If you request a permit, parking details will be mailed to you. We respectfully ask that you request a permit only if necessary. If there are multiple OLLI members in your household or social group, please consider carpooling to events. Your consideration maintains OLLI's ability to offer quality programs at an affordable price.

**OLLI is not responsible for lost or stolen parking permits nor for parking citations received by those not in compliance with campus parking regulations. We charge \$15 to replace lost parking passes.**

Keep in mind that Fresno State's student population is growing and it may take a bit of time to find a parking spot. A parking pass is not a guarantee of an available parking space. Allow yourself enough time to park and walk to the venue.

If you need a disability-related accommodation or wheelchair access information, please contact the OLLI office at 559.278.0008 or send us an email at [osher@csufresno.edu](mailto:osher@csufresno.edu). Requests must be made at least one week in advance of the event.



## General Membership

\$40 Per Person

- Admission to all scheduled General Sessions during the semester.
- Opportunity to register for Short Courses, Field Trips & Hands-on Experiences as outlined on the schedule.
- Optional on-campus parking during all General Session events and Short Courses.
- Privileges to use and check out materials at the Henry Madden Library.
- OLLI activity announcements about Fresno State events via email.

## Short Courses

Fee Varies

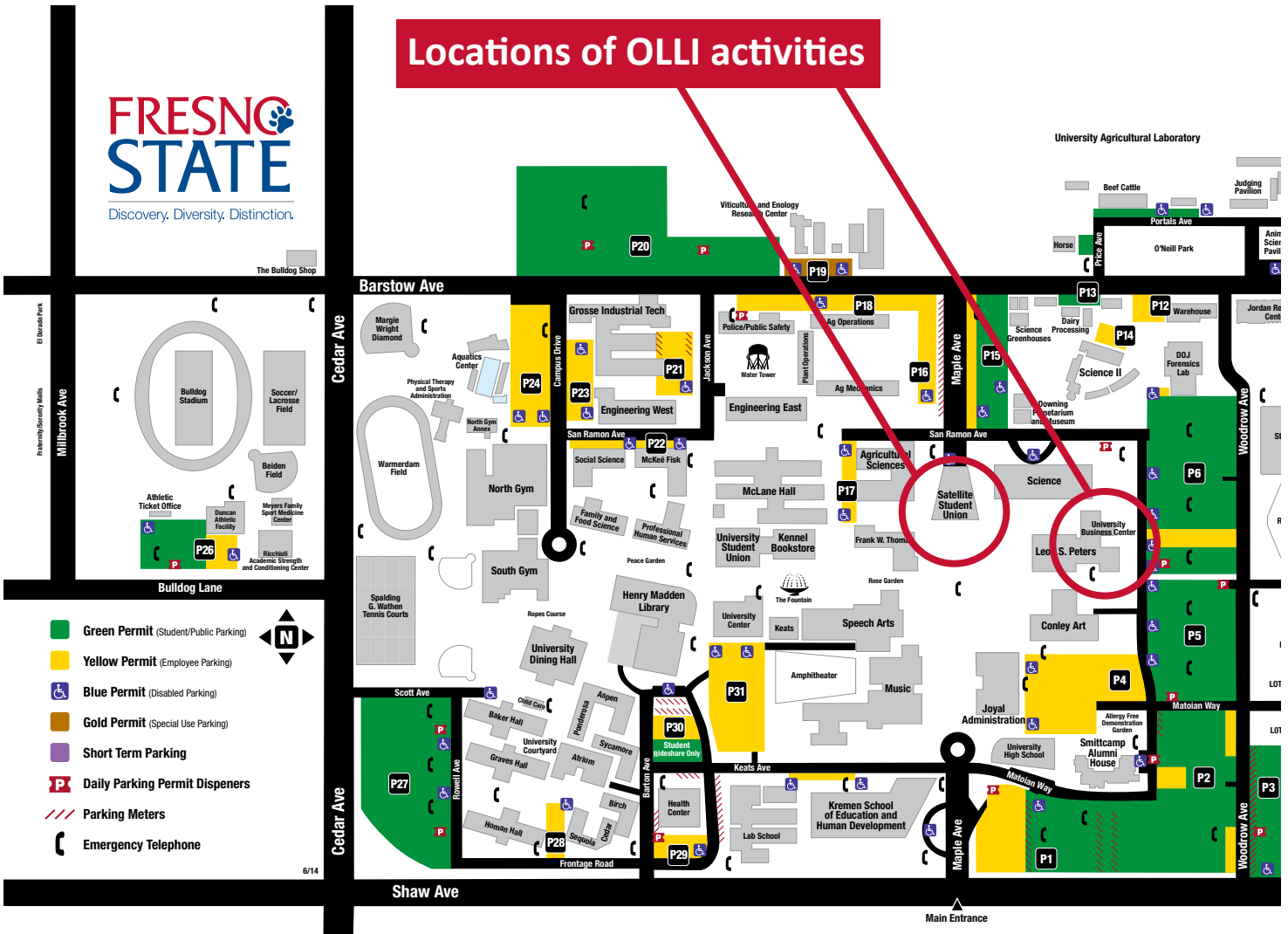
- Open only to OLLI members.
- Enjoy a wide variety of interesting topics.
- Registration is processed on a first-come, first-served basis.
- Short courses are self-supporting. A minimum enrollment is required or courses may be cancelled.

## Field Trips and Hands-on Experiences

Fee Varies

- Open to members and non-members. Members get a lower price.
- Registration is processed on a first-come, first-served basis.
- Field trips are self-supporting. A minimum enrollment is required or trips may be cancelled.
- Consumption of alcoholic beverages is not permitted in vehicles operated or provided by OLLI.
- **Caregivers for members MUST pay for field trip participation.**

**Locations of OLLI activities**



**Osher Lifelong Learning Institute**

5245 N. Backer Avenue, M/S PB5 Fresno, CA 93740  
559.278.0008 Email [osher@csufresno.edu](mailto:osher@csufresno.edu)  
[www.FresnoState.edu/olli](http://www.FresnoState.edu/olli)

**Disabled Parking:** Fresno State parking lots have clearly designated parking spaces for the disabled. A valid DMV placard or disabled license plate, as well as a campus parking permit, is required to be displayed. The Osher Lifelong Learning Institute is not responsible for parking violations.

**OLLI Advisory Council**

- |                       |                  |
|-----------------------|------------------|
| Nancy Busch           | Lanny Larson     |
| Leticia Reyna Cano    | Judy MacDonald   |
| Kay Davies            | MaryEllen Ogle   |
| Dawn Diestelkamp      | Lois Rigsbee     |
| Alcidia Freitas Gomes | Valerie Vuichich |
| Nancy Kast            | Dr. Jim Wilson   |

Scott Moore, PhD  
Dean, Continuing and Global Education

Jill Wagner, APR  
Executive Director

Katie Bewarder  
Development Director

**Construction Alert:** The University Business Center where we host our classes is undergoing construction. We are hopeful that loud noise will not be a distraction, and apologize if it is. If the noise causes you to be very unhappy, we ask that you drop from the class as we have no control of the construction nor its impact.

**Classroom Temperature:** The temperatures in rooms of OLLI classes may vary and we often don't have local control of the thermostats. If you are sensitive to ranging temperatures, we suggest you dress in layers so you can make adjustments to ensure personal comfort.

**Please note:** Should you register for a specialized class, you should have access to the materials/equipment needed for the class. Examples: If you register for an iPhone class, you should have an iPhone to learn on; if you register for a digital photography class, you should have access to a digital camera.



# General Session Descriptions

SEPTEMBER

12

Wednesday



3 - 4:30 p.m. Satellite Student Union

## Hands Through Stone - How Clarence Ray Allen Masterminded Murder from Behind Folsom's Prison Walls

Hon. James Ardaiz

Justice James Ardaiz will discuss his book, *Hands Through Stone*, which chronicles the illicit career of Clarence Ray Allen, one of the most sinister criminal masterminds and mass murderers in American history. Even hardened detectives were shaken by the scene at Fran's Market in rural Fresno County one night in 1980: four young people lay on the market's concrete floor, murdered by a killer without mercy or remorse. Then a grim investigation became even more grim when the evidence led to the prime suspect--a convicted murderer already behind the walls of Folsom Prison. Justice Ardaiz is a former prosecutor who was one of the first investigators on the scene of the crime and will discuss his book and the impact writing it has had on him and the community. *Hands Through Stone* will be available for purchase at this event.

OCTOBER

4

Thursday



3 - 4:30 p.m. Satellite Student Union

## Denmark Vesey's Garden - Slavery and Memory in the Cradle of the Confederacy

Dr. Blain Roberts

This lecture discusses the most recent book written by Dr. Roberts and Dr. Ethan Kytle which strikes at the heart of recent flare-ups over Confederate symbols in Charlottesville, New Orleans, and elsewhere. *Denmark Vesey's Garden* reveals the deep roots of these controversies and traces them to the heart of slavery in the United States: Charleston, South Carolina, where almost half of the U.S. slave population stepped onto our shores. Denmark Vesey, a black revolutionary, plotted a massive slave insurrection in 1822. As early as 1865, former slaveholders and their descendants began working to preserve a romanticized memory of the antebellum South. In contrast, former slaves, their descendants, and some white allies have worked to preserve an honest, unvarnished account of slavery as the cruel system it was.

NOVEMBER

8

Thursday



1 - 2:30 p.m. Satellite Student Union

## Genetic Testing and Its Implications

Dr. Jason Bush

Not only are DNA tests used to solve crime, but commercial companies also offer popular testing for ancestry and disease risk. How do they work? Should folks be careful about sharing their DNA with these companies? What's next with all the DNA info we have and collect? Dr. Bush is an expert on genetics and teaches in Fresno State's department of biology.



OCTOBER  
**17**  
Wednesday

1 - 2:30 p.m. Satellite Student Union

# This Chair Rocks - Pushing Back Against Ageism



**Ashton Applewhite**

**TICKETED EVENT - FOR MEMBERS ONLY**

Aging is a natural, powerful, lifelong process that unites us all. What if discrimination on the basis of age were as unacceptable as any other kind of prejudice?

Ashton Applewhite is a leading voice in an emerging movement dedicated to dismantling ageism and making age a criterion for diversity. The author of *This Chair Rocks* and a TED2017 mainstage speaker, she reveals the untapped possibilities of late life—in our communities, at work, and in ourselves.

We may think we know what lies ahead: a grim slide into depression, dementia, and dependence. But that's just the party line, and author, activist, and speaker Ashton Applewhite debunks it in spades. Part monologue, part consciousness-raiser, this talk charts her journey from apprehensive boomer to pro-aging radical. In the process, she debunks myth after myth about late life and proposes an alternative to all the hand-wringing: wake up to the ageist messages that frame two thirds of our lives as decline; cheer up, and push back.

Whether you're older or hoping to get there, this talk will shake you by the shoulders, and change the way you see the rest of your life. She has been recognized by the *New York Times*, the *New Yorker*, NPR, and the American Society on Aging as an expert on ageism. She has written for *Harper's*, *Playboy*, and *The New York Times*. And she speaks widely, at venues that have ranged from universities and community centers to the Library of Congress and the United Nations.

Presented by:



DECEMBER  
**5**  
Wednesday

12 - 1:30 p.m. Satellite Student Union

# Serving Children's Health Needs - Now and Into the Future



**Todd Suntrapak, President and CEO, Valley Children's Healthcare**

Pediatric health care leader, Valley Children's Healthcare, is on course of expansion to fulfill its vision of providing care closer to home for all 1.3 million children in its 13 county service area. The challenges for children in this region are profound: nearly 40% of Fresno County children live in poverty; they are food and shelter insecure and have a fundamental lack of access to health care. Come learn about Valley Children's growth, the immense support it receives from the communities it serves, and its plans moving forward.



# Short Course Descriptions

September

4, 11, 18, 25

TUESDAYS

\$35

9 - 10:30 a.m. PB191

## The Pre-Raphaelites: Realism and Allegory in Victorian Art

Susana Sosa

The Pre-Raphaelites founded a highly-influential and distinctly British art movement in 1848, exploring contemporary social issues, literary-based themes and religious subjects in their artworks. This course will explore the style, themes and impact of the Pre-Raphaelites in art, design and literature. Course content will be linked to the exhibition Truth and Beauty: The Pre-Raphaelites and the Old Masters at the Legion of Honor Museum. (Please see the Field Trip section if you wish to attend the exhibition with OLLI).

September

4, 11, 18, 25

TUESDAYS

\$35

1 - 2:30 p.m. PB191

## California History (Part 1): Four Turning Points

Dr. Allen Carden

In this series, we will examine the history of California by analyzing four distinct and highly significant episodes each impacting the Golden State: The Mission Period; The Gold Rush; California Statehood; and the Great San Francisco Earthquake. In the Spring 2019 semester Part 2 examines the history of California in the 1920s, the Great Depression, California in World War II, and post-war California through the Watts Riots of 1965.

September

4, 11, 18, 25

TUESDAYS

\$35

2:30 - 4 p.m. PB192

## Intro to Photography

C'anna Rix

If you have a digital camera, come learn how best to use your camera. You'll learn basic camera operations along with how to transfer your photographs to your computer. Improve your skills by learning basic photographic composition and the types of creative uses of your digital camera for taking portraits, landscapes, wildlife photography, documentation of current events and much more.

September      October

5, 19, 26

3

WEDNESDAYS

\$35

3 - 5 p.m. PB191

## Motown and Southern Soul in the 1960s

Dr. Matt Darling

Motown's owner Barry Gordy Jr. provided a haven for young and talented black music artists during a time when white-owned record companies ruled the airwaves. Southern Soul was dominated by Stax Records in Memphis, one the most successful integrated record companies in the U.S. Together their immensely popular music crossed over racial lines and helped bring our nation together during its most tumultuous decade of the 20th Century.

September

6, 13, 20, 27

THURSDAYS

\$35

10:30 a.m. - 12 p.m. PB192

## The Art of Renaissance Florence: Part II (The 16th Century)

Dr. Gina Strumwasser

High Renaissance painters and sculptors, including Leonardo, Michelangelo and Raphael, acknowledged the compelling accomplishments of 15th-century Florence. From Leonardo's portraits, to Michelangelo's early sculpture and Raphael's devotional paintings, this class will target the remarkable achievements of these three substantial artists, who encouraged the fruition of the pictorial arts in High Renaissance Italy.

September

6, 13, 20, 27

THURSDAYS

\$35

2 - 3:30 p.m. PB191

## Focus on Fall Theater

Donald Munro

This "theater current events" course immerses you in the central San Joaquin Valley theater scene and beyond. Join independent arts journalist Donald Munro for a look at the busy fall season. Class discussions include upcoming shows, in-person and Facetime connections with guest directors and performers, and an overview of the current Broadway scene in New York. Class members are encouraged to attend the Selma Arts Center production of "Real Women Have Curves," which we will both preview and review.

September

October

10, 17, 24

1

MONDAYS

\$35

10 - 11:30 a.m. PB191

## Political Extremism

Dr. Bradley Hart

We often talk casually about political extremism, but what does this term actually mean? What defines an extremist ideology in a democracy, and how do such societies usually respond to the growth of extremism in turn? This course will examine a range of ideologies across the political spectrum including fascism, communism and forms of religious extremism to examine how extremist groups sometimes manage to take power, and how democratic countries have historically responded to such challenges.

September

10

MONDAY

\$10

1 - 2:30 p.m. PB192

## Uber and Lyft

Cristian Juarez

It's almost like having a chauffeur! Hire a private driver to pick you up and take you to your destination at a very reasonable rate with the tap of a button on your phone. The nearest driver is often at your pickup location within minutes. **You must install the free Uber and Lyft apps onto your phone, and create an account for yourself before the class. Get them online from the iTunes store, Google Play or other application provider.**

September

17

MONDAY

\$10

1 - 2:30 p.m. PB192

## Spotify, Pandora, Apple and Amazon Music

Cristian Juarez

Do you like listening to music but hate paying for it? We do too! Join us in discovering ways to listen to the music you like. Enjoy the music you love with the help of today's technology. **For a better experience, please have your account(s) established before this session as this will not be covered.**

September

19

WEDNESDAY

\$10

10 - 11:30 a.m. PB191

## Update on High Speed Rail

Antonia Tinoco

There are many opinions about and descriptions of California's High Speed Rail project. Come hear from an official representative on its progress, plans and future. We won't debate the project, but rather learn more details about its impact and progress.

September

24

MONDAY

\$10

1 - 2:30 p.m. PB192

## Netflix and Hulu

Cristian Juarez

Why give cable companies hundreds of dollars when the future is here? Use Netflix to watch TV and movies on your TV, mobile or tablet device. Stream full seasons of exclusive series, hit movies, and current episodes with no hidden fees, equipment rentals, or installation appointments. **For a better experience, please have your Netflix and Hulu TV account(s) established before the session as that will not be covered.**

September      October

25

2 & 4

TUES. & THURS.

\$25

[See Description](#) PB191

## An Understanding of Central Valley Religions

Ronald Orozco

Former Fresno Bee reporter Ron Orozco reported on hundreds of places of worship during his time as the newspaper's religion reporter. In this course you'll be introduced to the Islam and Sikh faiths, first with an in-class instructor overview, followed by onsite visits to learn more. You'll provide your own transportation and meet the instructor at the places of worship. Class at Fresno State (Tues., Sept. 25, 11 a.m. – 12:30 p.m., PB 191); Islamic Cultural Center of Fresno (Tues., Oct. 2, 10:30 a.m. – noon); and the Sikh Association of Fresno (Thurs., Oct. 4, 11:30 a.m. – 1 p.m.). Details provided upon registration.

September

26

WEDNESDAY

\$10

10 a.m. - 12 p.m. PB192

## Keeping Life FUN!

Jill Wagner and Dianne Callahan

Remember when you were a kid and pretty much everything you did was fun? We played and explored and laughed every day. Sometimes, as we get older, we feel that time for fun and play is over. Not true! We may change our definition of what's fun or what we are physically capable of doing, but we must NEVER stop looking for the fun in life! In this workshop, we'll talk about how we can do this.



October

1, 8

MONDAYS

\$20

1 - 2:30 p.m. PB192

## iOS

Cristian Juarez

Get the most out of your iPhone or iPad and learn about iOS 12 - Apple's operating system. Discover the functionality and potential of your iPhone or iPad with the newest updates to the operating system. **For a better experience, make sure to bring your Apple device with you.**

October

2, 9, 16, 23, 30

TUESDAYS

\$50

1 - 3 p.m. PB192 - Oct. 2, 9, 16, 30 and PB 191 - Oct. 23

## Everyone Has a Story

Armen Bacon

Everyone has a story. What's yours? This five-week memoir-writing course will guide participants through a journey to rediscover hidden memories and defining moments that have shaped and sculpted their lives. The class will include creative writing prompts, group discussions and opportunities for unlocking precious/fragile moments often tucked away, lost or forgotten. Author Armen Bacon writes with uncensored passion and sense of urgency. Her words stir the soul and have been praised as pulling us all a little closer to each other.

October

4, 11, 18

THURSDAYS

\$25

9:30 - 11 a.m. PB191

## American Presidents in the 20th Century

Gary Wayne Walker

What were the presidents in the 20th Century really like? Why did some of the most intelligent and experienced fail while others, less qualified, succeed? This course examines the personalities and character of the eleven Republicans and seven Democrats who served in our highest office for a century, for better or for worse.

October

8

MONDAY

\$10

10 a.m. - 12 p.m. PB192

## Age Well, Drive Smart

Justin Foraker, CHP

The Age Well/Drive Smart program reviews how to keep you driving safely for as long as possible. This program is designed to help older drivers tune-up their driving skills, as well as provide a refresher of the rules of the road. We will also learn about normal age-related physical changes and how to make small adjustments to deal with them.

October

November

8, 15, 22, 29

5

MONDAYS

\$45

3 - 4:30 p.m. PB191

## California's Architectural Heritage

Karana Hattersley-Drayton, M.A.

The session will sample California's architecture and historic landscapes. Stops along the way include Native American building, the Spanish and Mexican influence, Gold Rush towns, the Arts and Crafts movement and the impact on architectural styles from Worlds' Fairs. Karana Hattersley-Drayton has a master's degree and completed Ph.D. coursework in architecture history at U.C. Berkeley.

October November

11, 18, 25 1

\$35

THURSDAYS

3 - 4:30 p.m. PB191

## Ukraine: A Short History of the Land and Its People

Dr. Victoria Malko

This short course introduces an up-to-date history of Ukraine, the blood-soaked land that has been the battlefield and breadbasket of Europe. We will study key turning points in 2,000 years of Ukraine's history; women and minority groups that comprise the fabric of society; and examine the Holodomor, the Soviet genocide in Ukraine during Stalin's reign, which is still not part of the history curriculum today. The course is designed for anyone wanting to understand why Russia and the West confront each other over the future of Ukraine.

October

12

\$10

FRIDAY

10 - 11:30 a.m. PB191

## The Forgotten History

Susan Lowe

Post WWII, countless people hated Germans. Because of this culture, the war did not end for innocent ethnic Germans living in Yugoslavia under Marshall Tito's reign of terror. Author Susan Lowe sheds light on a Fresno woman's survival of this often-forgotten time in history. The instructor recommends the optional purchase of the book *Josie: A Story of Faith and Survival*.

October

15

\$10

MONDAY

1 - 2:30 p.m. PB192

## Facebook

Cristian Juarez

Find friends and family and see what they're up to, build your network and learn the newest Facebook lingo. The class will teach you how to post your status, tag photos, sort your news feed and essentials such as privacy and hiding unwanted updates. **If you have a handheld device (smart phone, tablet, iPad) bring it along for maximum benefit.**

October

17, 24, 31

\$25

WEDNESDAYS

10:30 a.m. - 12 p.m. PB191

## Russian History Through Film

Paul Kaser

Movies made by Russians during the Imperial, Soviet, and Post-Soviet periods give us a glimpse into the enigmatic country and its people. In a search for essential truths about Russia, we'll review and discuss scenes from these films as well as scenes from Western films made about Russia.

October

23

TUESDAY

\$10

10 - 11:30 a.m. PB191

## Rightsize: Matching Your Home and Belongings with Your Lifestyle

Brenda McElroy

With each new phase of life we adjust our interests, values and activities. Sometimes the belongings we accumulate and larger homes aren't compatible with these life changes. If you're feeling overwhelmed with the prospect of going through 40+ years of possessions, Brenda McElroy, owner of Organized By Choice, offers practical tips and tools for determining what to keep or toss, creative ways to save and value sentimental items, and ways to distribute your discards.

October

24

WEDNESDAY

\$10

2 - 3:30 p.m. PB191

## Brain Cloudy Blues

Karana Hattersley-Drayton, M.A.

America's rich tapestry of traditional music evolved from a melding of the folk tunes of the British Isles with African rhythms and other cultural influences. Join Karana Hattersley-Drayton (vocals/keyboard) and Donn Beedle (fiddle/viola/mandolin), on a brief illustrated journey through American folk music. Come prepared to sing!

October

25

THURSDAY

\$10

10 a.m. - 12 p.m. PB191

## Prison Gardens: Blooming Behind Bars

Calliope Correia & Katerina Friesen

We will study how gardens are being used inside prisons for vocational landscaping training, as metaphors for inner growth, and as a way to reduce recidivism of the prison population. We will see some examples of beautiful gardens growing behind bars, learn how they were built, share what they represent to the participants who build them, and discuss the ways plants and gardens offer healing.

*Katerina Friesen, Insight Garden Program, Program Manager Central California Women's Facility and Avenal State Prison*

*Calliope Correia, Instructional Support Technician Fresno State Nursery and Insight Garden Program, Program Manager Avenal State Prison*

October

29

MONDAY

\$10

1 - 2:30 p.m. PB192

## Social Media Overview

Cristian Juarez

This social media training will describe what social media is and the differences between platforms and how to use them. The class will introduce and compare platforms such as Facebook, Twitter, LinkedIn, Instagram, Pinterest and more, along with some quick and practical tips on how to make the most of them.

October 30 November 6, 13, 27

TUESDAYS

\$35

10 - 11:30 a.m. PB191

## The History of Algebra

Elena Diestelkamp

Don't fear algebra – instead join us as we go beyond arithmetic into abstract. We will review the history of algebra, including what it is, where it came from, how it is used and the people who contributed to its development. This is not a computation class but an appreciation of algebra.

October 31

WEDNESDAY

\$10

1 - 2:30 p.m. PB191

## The Mystique of the Violin

Maxine Madden Spencer

How the sounds of the violin are produced will be explained and demonstrated by excerpts from the violin repertoire. On the next hearing of a concert violinist, you will have a new appreciation of what is involved. Some history and stories from the violin world will be included. Questions encouraged!

October 31

WEDNESDAY

\$10

3 - 4:30 p.m. PB191

## Waitress Preview

Donald Munro

This course will work well as a preparation for the Waitress show field trip on November 7 but can be taken independently. Based on a 2007 indie movie, this big-hearted musical tells the story of diner waitress and expert pie baker named Jenna who's presented with a chance to leave her suffocating small town existence behind, and grabs it with both hands!

November 6, 13, 27 December 4

TUESDAYS

\$35

1 - 2:30 p.m. PB192

## Consumer's Guide to Health Care and Aging

Ramon Neufeld, MD

This course provides practical knowledge, skills, tips and tools related to aspects of receiving healthcare as we mature and age. By the end of this course you will better understand the building blocks that form our health care system; preventive care and healthy aging; coping and caregiving strategies as one receives health care services; improving health care decisions related to your care and at the end of life; and, tips for successful navigation of the health care world.

November 14, 28 December 5, 12

WEDNESDAYS

\$35

2 - 3:30 p.m. PB191

## Existentialism

Dr. Andy Fiala

This course will consider existentialist writers and ideas—in philosophy, literature, and the arts. Topics will include: absurdity, mortality, anxiety, despair, freedom, hope, and the mystery of being. We will talk about creating meaning, taking responsibility, and living an authentic life. We will consider the impact of existentialism on politics, religion, literature, and culture. An open mind is required.



November

28

WEDNESDAY

\$45

10 a.m. - 12 p.m. PB194

## Silk Painting

Laura Fraedrich

Would you have ever guessed that colored pencils could be used for painting silk? It's true! And we'll show you how to do it in this workshop. We'll start by creating a composition on silk by using fabric resist, then filling in the sections with various colors of watercolor pencils. Your design will be permanent and can be used as a tapestry, in a frame, or as part of a sewing project. The possibilities are endless! Includes supplies for in-class projects and to take home.

November

29

THURSDAY

\$45

10 a.m. - 12 p.m. PB194

## Watercolor Greeting Cards

Laura Fraedrich

Nothing says, "I love you," like a handmade gift. So, give your loved ones a card that you created yourself this holiday season. You'll create several beautiful cards using watercolor paints that will both impress and warm the heart of the lucky recipients. There will be lots of inspiration to choose from, or come with your own ideas! Includes supplies for in-class projects and to take home. You'll leave with extra blank cards and supplies so you can make even more at home!

November

29

THURSDAY

\$10

1 - 2:30 p.m. PB192

## Planned Giving for Everyone

Elizabeth Garvin

Planned gifts not only provide for charities but also can help preserve the assets of your estate from unnecessary taxation and better transfer goods and assets to family and friends. Come learn methods for determining what project or program your legacy gifts will benefit, how your family and friends will remember you, and how to work with your advisors and planned giving professionals to help you feel confident that your estate gift will be used in the specific way you desire.





# Field Trips

SEPTEMBER

14

Friday

6 a.m. - 6 p.m.

## Truth and Beauty: The Pre-Raphaelites and the Old Masters

**Location:** San Francisco, Legion of Honor Museum

**Members \$120 Non-Members \$150** *Price includes transportation and admission.*

**Maximum Capacity: 50**

**Last Day To Register: September 7**

This is the first major exhibition to juxtapose examples by the Pre-Raphaelite Brotherhood with works that inspired its members, including Italian old masters Fra Angelico and Pietro Perugino and their Northern contemporaries Jan van Eyck and Hans Memling. It reveals how the Brotherhood's aesthetic evolved over time to embrace artistic influences from the High and late Renaissance, such as Botticelli, Raphael, Titian, and Veronese. It also offers a rich multimedia opportunity to examine the artists' attraction to stained glass, domestic decorations, and sixteenth-century textiles. This is a guided tour with a docent. Susana Sosa is teaching a course related to the art in this exhibit

OCTOBER

10

Wednesday

6 a.m. - 6 p.m.

## Marine Bird Majesty

**Location:** Monterey, California State University Monterey Bay

**Members \$75 Non-Members \$115** *Price includes transportation, lecture and lunch.*

**Maximum Capacity: 33**

**Last Day To Register: September 26**

When walking along the beach has a seemingly endless stream of birds in flight caught your eye? Or have you seen large birds perched on offshore rocks sunbathing with their wings outspread? Seabird biologist Melinda Nakagawa will introduce you to these and other marine birds seen on the Monterey shoreline. Explore the characteristics that make marine birds unique and learn about their habitats and behaviors. You'll learn how to identify specific birds and then take to the outdoors to hone your observational skills. You'll be transported to Monterey for a classroom discussion and lunch with our instructor, followed by a walk along the shore to observe and identify marine birds.

**NOTE:** This trip requires walking on uneven surfaces, rock and sand.

NOVEMBER

7

Wednesday

9 a.m. - 9 p.m.

## Waitress (musical)

**Location:** San Francisco, Golden Gate Theater

**Members \$115 Non-Members \$160** *Price includes transportation and admission.*

**Maximum Capacity: 33**

**Last Day To Register: September 27**

Based on a 2007 indie movie, this big-hearted musical tells the story of diner waitress and expert pie baker named Jenna who's presented with a chance to leave her suffocating small town existence behind, and grabs it with both hands! With a book by Hollywood screenwriter Jessie Nielson (Hope Springs) and insanely catchy score from Grammy nominated pop singer Sara Bareilles, Waitress is a melt-in-your-mouth hit! Waitress is directed by Tony winner and Boston's ART Artistic Director Diane Paulus (Finding Neverland) and choreographed by Lorin Latarro (Waiting for Godot). While the lead role was originated on Broadway by Tony winner Jessie Mueller (Beautiful: The Carole King Musical), Desi Oakley dons the apron for this tour.

# Hands-on Experiences

OCTOBER

22

Monday

3 - 4:30 p.m.

## Fresno's Craft Beer Scene

**Location:** Tioga-Sequoia Brewing Company - 745 Fulton Street, Fresno, 93721

**Members \$5 to reserve your spot; \$15 payable on the day of directly to Tioga Sequoia**

**Non-Members \$20 to reserve your spot; \$15 payable on the day of directly to Tioga Sequoia**

*Price includes registration. You pay a \$15 fee directly to Tioga-Sequoia on the day of the event.*

**Maximum Capacity: 15**

**Last Day To Register: October 8**

Come learn about Fresno's craft beer scene, its history, its growth and its future. You'll also get to sample locally-brewed beers. Tioga-Sequoia Brewing Company was founded in 2007 with a mission of producing world class beers that could bring awareness and resources to the preservation of the Southern Sierra Nevada Mountains. They integrate and feature local flavor, creativity, and culture their products to give valley residents a sense of pride in what they drink and support. Their award-winning Brewmaster, Kevin Cox, has more than 20 years in the brewing industry.

OCTOBER

29

Monday

3 - 4:30 p.m.

## Fresno's Craft Beer Scene

**Location:** The Mad Duck Craft Brewing Company - 3085 E. Campus Pointe Dr., Fresno, 93612

**Members \$5 to reserve your spot; \$15 payable on the day of directly to Mad Duck**

**Non-Members \$20 to reserve your spot; \$15 payable on the day of directly to Mad Duck**

*Price includes registration. You pay a \$15 fee directly to Mad Duck on the day of the event.*

**Maximum Capacity: 15**

**Last Day To Register: October 15**

Come learn about Fresno's craft beer scene, its history, its growth and its future. You'll also get to sample locally-brewed beers. The Mad Duck Craft Brewing Company creates many small-batch beers that are enjoyed by patrons at both of their locations. Mad Duck locations also feature full restaurants. You'll learn the history of Mad Duck, the process they use to develop new brews, their philosophy in beer brewing and the decision to brew only in small batches.

DECEMBER

6

Thursday

11 am - 12:30 p.m.

## Holiday Succulent Terrarium Workshop

**Location:** Gazebo Gardens Nursery - 3204 N. Van Ness Blvd., Fresno, 93704

**Members \$40 Non-Members \$65**

*Price includes registration, supplies and instruction.*

**Maximum Capacity: 20**

**Last Day To Register: November 27**

In this fun workshop, you'll get your hands dirty while learning all about how to design with and care for succulents. We'll discuss what succulents are, and how to care for them. You'll get to pick from a selection of succulents and other items to decorate your terrarium. There will be plenty of demonstrations and hands-on help along the way.



# OLLI Fall 2018 Calendar

General Sessions Courses Field Trips Experiences

## AUGUST / SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9:30 AM Book Club <b>31</b>
Labor Day <b>3</b>	9 AM Pre-Raphaelites <b>4</b> 1 PM California History 2:30 PM Photography	3 PM Motown <b>5</b>	10:30 AM The Art of Renaissance Florence <b>6</b> 2 PM Fall Theater	<b>7</b>
10 AM Political Extremism <b>10</b> 1 PM Uber & Lyft	9 AM Pre-Raphaelites <b>11</b> 1 PM California History 2:30 PM Photography	3 PM Hands Through Stone <b>12</b>	10:30 AM The Art of Renaissance Florence <b>13</b> 2 PM Fall Theater	6 AM Truth & Beauty at SF Legion of Honor Museum <b>14</b>
10 AM Political Extremism <b>17</b> 1 PM Spotify, Pandora...	9 AM Pre-Raphaelites <b>18</b> 1 PM California History 2:30 PM Photography	10 AM High Speed Rail <b>19</b> 3 PM Motown	10:30 AM The Art of Renaissance Florence <b>20</b> 2 PM Fall Theater	9:30 AM Book Club <b>21</b>
10 AM Political Extremism <b>24</b> 1 PM Netflix & Hulu	9 AM Pre-Raphaelites <b>25</b> 11 AM Valley Religions 1 PM California History 2:30 PM Photography	1 PM Keeping Life FUN! <b>26</b> 3 PM Motown	10:30 AM The Art of Renaissance Florence <b>27</b> 2 PM Fall Theater	<b>28</b>

## OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 AM Political Extremism <b>1</b> 1 PM iOS	10:30 AM Valley Religions <b>2</b> 1 PM Everyone Has a Story	3 PM Motown <b>3</b>	9:30 AM American Presidents <b>4</b> 11:30 AM Valley Religions 3 PM Denmark Vesey's Garden	<b>5</b>
10 AM Age Well Drive Smart <b>8</b> 1 PM iOS 3 PM CA's Architecture	1 PM Everyone Has a Story <b>9</b>	6 AM Marine Bird Majesty <b>10</b>	9:30 AM American Presidents <b>11</b> 3 PM Ukraine	10 AM Forgotten History <b>12</b>
1 PM Facebook <b>15</b> 3 PM CA's Architecture	1 PM Everyone Has a Story <b>16</b>	10:30 AM Russian History Through Film <b>17</b> 1 PM This Chair Rocks	9:30 AM American Presidents <b>18</b> 3 PM Ukraine	<b>19</b>
3 PM Tioga-Sequoia Brewing Co. <b>22</b> 3 PM CA's Architecture	10 AM Rightsize <b>23</b> 1 PM Everyone Has a Story	10:30 AM Russian History Through Film <b>24</b> 2 PM Brain Cloudy Blues	10 AM Prison Gardens <b>25</b> 3 PM Ukraine	9:30 AM Book Club <b>26</b>
1 PM Social Media <b>29</b> 3 PM The Mad Duck Craft Brewing Co. 3 PM CA's Architecture	10 AM History of Algebra <b>30</b> 1 PM Everyone Has a Story	10:30 AM Russian History Through Film <b>31</b> 1 PM Mystique of Violin 3 PM Waitress Preview		

NOVEMBER				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			3 PM Ukraine 1	24
3 PM CA's Architecture 5	10 AM History of Algebra 1 PM Consumer's Guide to Health Care & Aging 6	9 AM Waitress 7	1 PM Genetic Testing 8	9
	10 AM History of Algebra 1 PM Consumer's Guide to Health Care & Aging 12	2 PM Existentialism 13	15	16
			Happy Thanksgiving! 22	23
	10 AM History of Algebra 1 PM Consumer's Guide to Health Care & Aging 26	10 AM Silk Painting 2 PM Existentialism 27	10 AM Watercolor Greeting Cards 1 PM Planned Giving for Everyone 28	30

DECEMBER				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 PM Consumer's Guide to Health Care & Aging 4	12 PM Children's Health Care 2 PM Existentialism 5	11 AM Gazebo Gardens 6	9:30 AM Book Club 7
		2 PM Existentialism 11	13	Enjoy Your Holidays! 14

## Senior Day at the Big Fresno Fair | Monday, October 8



Seniors 62 and better will enjoy the Fair for free 9 a.m. - 1 p.m. along with a special Seniors' Lifestyle Expo throughout the grounds! After 1 p.m., cost of Senior Admission goes up to \$4. Gates will open at 9 a.m. on this day only.

Get more information about the fair at [www.fresnofair.com](http://www.fresnofair.com).

## RELEASE OF LIABILITY, PROMISE NOT TO SUE, ASSUMPTION OF RISK AND AGREEMENT TO PAY CLAIMS

**Activity:** Osher Lifelong Learning Institute – Fall 2018 Field Trips

**Activity Dates(s), Time(s) and Location(s):** See reverse side for all initialed activities attending

In consideration for being allowed to participate in these Activities, on behalf of myself and my next of kin, heirs and representatives, I **release from all liability and promise not to sue** the State of California, the Trustees of The California State University, California State University, Fresno and their employees, officers, directors, volunteers and agents (collectively "University") from any and all claims, **including claims of the University's, negligence**, resulting in any physical or psychological injury (including paralysis and death), illness, damages, or economic or emotional loss I may suffer because of my participation in these Activities, including travel to, from and during the Activities.

I am voluntarily participating in these Activities. I am aware of the risks associated with traveling to/ from and participating in these Activities, which include but are not limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and/or death. I understand that these injuries or outcome may arise from my own or other's actions, inaction, or negligence; conditions related to travel; or the condition of the Activities locations. **Nonetheless, I assume all related risks, both known or unknown to me, of my participation in these Activities, including travel to, from and during the Activities.**

I agree to **hold** the University **harmless** from any and all claims, including attorney's fees or damage to my personal property, which may occur as a result of my participation in these Activities, including travel to, from and during the Activities. If the University incurs any of these types of expenses, I agree to reimburse the University. If I need medical treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

I am 18 years or older. **I understand the legal consequences of signing this document, including (a) releasing the University from all liability, (b) promising not to sue the University, (c) and assuming all risks of participating in these Activities, including travel to, from and during these Activities.**

I understand that this document is written to be as broad and inclusive as legally permitted by the State of California. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms.

I have read this document, and I am signing it freely. No other representations concerning the legal effect of this document have been made to me.

Participant Name (Print): \_\_\_\_\_

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**PLEASE SEE REVERSE FOR LIST OF ACTIVITIES**

I have initialed by each of the following field trips and Hands-on Experiences listed below and confirm that I have reviewed the detailed information contained in the OLLI Fall 2018 catalog for each of the activities and events. As such, I understand the unique risks associated with each event.

## FALL 2018 FIELD TRIPS

_____	<b>Truth and Beauty: The Pre-Raphaelites and the Old Masters</b> September 14, 2018	6 a.m. – 6 p.m.	San Francisco, CA
_____	<b>Marine Bird Majesty</b> October 10, 2018	6 a.m. – 6 p.m.	Monterey, CA
_____	<b>Waitress (musical)</b> November 7, 2018	9 a.m. - 9 p.m.	San Francisco, CA

## FALL 2018 HANDS-ON EXPERIENCES

_____	<b>Fresno’s Craft Beer Scene - Tioga-Sequoia Brewing Company</b> October 22, 2018	3 - 4:30 p.m.	Fresno, CA
_____	<b>Fresno’s Craft Beer Scene - The Mad Duck Craft Brewing Company</b> October 29, 2018	3 - 4:30 p.m.	Fresno, CA
_____	<b>Create a Holiday Succulent Terrarium - Gazebo Gardens Nursery</b> December 6, 2018	11 a.m. – 12:30 p.m.	Fresno, CA

# OLLI Teaching Opportunities

Share your expertise with our OLLI members who are energized and interested in a wide variety of topics. Teach about your interests, expertise or talents! Download and complete Course Proposal Form at [www.fresnostate.edu/cge/olli](http://www.fresnostate.edu/cge/olli).

I’d like to teach a course!

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Topic: \_\_\_\_\_

Please contact Jill Wagner ([jiwagner@csufresno.edu](mailto:jiwagner@csufresno.edu)) for more information.





# Osher Lifelong Learning Institute Registration – FALL 2018

PLEASE SEE REVERSE FOR MORE

Member(s) Name(s) \_\_\_\_\_

Mailing Address/City/Zip \_\_\_\_\_

**Mode of contact: (in case of changes or cancellations)**

Email address \_\_\_\_\_  Phone \_\_\_\_\_

How did you hear about the Fresno State OLLI?

Previously a member     Heard from a friend     Newspaper     Catalog     Other \_\_\_\_\_

Your age group     50-60     61-70     71-80     81-90     91+

**MEMBERSHIP FEE**

General Membership \$40 per person (non-refundable) ..... \$ \_\_\_\_\_

Please check if you need an OLLI Parking Permit .....

**SHORT COURSES – Available only with a paid membership**

- The Pre-Raphaelites (four Tuesdays)..... x\$35/person \$ \_\_\_\_\_
- California History Part I (four Tuesdays)..... x\$35/person \$ \_\_\_\_\_
- Intro to Photography (four Tuesdays)..... x\$35/person \$ \_\_\_\_\_
- Motown and Southern Soul (four Wednesdays)..... x\$35/person \$ \_\_\_\_\_
- The Art of Renaissance Florence Part II (four Thursdays)..... x\$35/person \$ \_\_\_\_\_
- Focus on Fall Theater (four Thursdays)..... x\$35/person \$ \_\_\_\_\_
- Political Extremism (four Mondays)..... x\$35/person \$ \_\_\_\_\_
- Uber & Lyft (one Monday)..... x\$10/person \$ \_\_\_\_\_
- Spotify, Pandora, Apple Music & Amazon Music (one Monday) ..... x\$10/person \$ \_\_\_\_\_
- Update on High Speed Rail (one Wednesday)..... x\$10/person \$ \_\_\_\_\_
- Netflix & Hulu (one Monday)..... x\$10/person \$ \_\_\_\_\_
- Central Valley Religions (two Tuesdays & one Thursday)..... x\$25/person \$ \_\_\_\_\_
- Keeping Life FUN! (one Wednesday)..... x\$10/person \$ \_\_\_\_\_
- iOS (two Mondays)..... x\$20/person \$ \_\_\_\_\_
- Everyone Has a Story (five Tuesdays)..... x\$50/person \$ \_\_\_\_\_
- American Presidents in the 20th Century (three Thursdays)..... x\$25/person \$ \_\_\_\_\_
- Age Well, Drive Smart (one Monday)..... x10/person \$ \_\_\_\_\_
- California’s Architectural Heritage (five Mondays)..... x\$45/person \$ \_\_\_\_\_
- Ukraine (four Thursdays)..... x\$35/person \$ \_\_\_\_\_
- The Forgotten History (one Friday)..... x\$10/person \$ \_\_\_\_\_
- Facebook (one Monday)..... x\$10/person \$ \_\_\_\_\_
- Russian History Through Film (three Wednesdays)..... x\$25/person \$ \_\_\_\_\_
- Rightsize (one Tuesday)..... x\$10/person \$ \_\_\_\_\_
- Brain Cloudy Blues (one Wednesday)..... x\$10/person \$ \_\_\_\_\_
- Prison Gardens (one Thursday)..... x\$10/person \$ \_\_\_\_\_
- Social Media Overview (one Monday)..... x\$10/person \$ \_\_\_\_\_
- The History of Algebra (four Tuesdays)..... x\$35/person \$ \_\_\_\_\_
- The Mystique of the Violin (one Wednesday)..... x\$10/person \$ \_\_\_\_\_
- Waitress Preview (one Wednesday)..... x\$10/person \$ \_\_\_\_\_
- A Consumer’s Guide to Health Care & Aging (four Tuesdays)..... x\$35/person \$ \_\_\_\_\_
- Existentialism (four Wednesdays)..... x\$35/person \$ \_\_\_\_\_
- Silk Painting (one Wednesday)..... x\$45/person \$ \_\_\_\_\_
- Water Color Greeting Cards (one Wednesday)..... x\$45/person \$ \_\_\_\_\_
- Planned Giving for Everyone (one Thursday)..... x\$10/person \$ \_\_\_\_\_
- Book Club with Kay Davies (four Fridays)..... x\$10/person \$ \_\_\_\_\_

# Osher Lifelong Learning Institute Registration – FALL 2018 page 2

FOR ALL FIELD TRIPS SIGN BOTH SIDES OF LIABILITY FORM IN THIS CATALOG AND SEND WITH REGISTRATION

FIELD TRIPS – Available to members and non-members	Member	Non-Member
Truth and Beauty: The Pre-Raphaelites and the Old Masters . . . . .	\$120	\$150
Marine Bird Majesty . . . . .	\$75	\$115
Waitress (musical). . . . .	\$115	\$160

HANDS-ON EXPERIENCES – Available to members and non-members	Member	Non-Member
Fresno’s Craft Beer Scene - Tioga-Sequoia Brewing Company . . . . .	\$5	\$20
Fresno’s Craft Beer Scene - The Mad Duck Craft Brewing Company . . . . .	\$5	\$20
Create a Holiday Succulent Terrarium. . . . .	\$40	\$65

\* Your philanthropic gift to OLLI helps us to grow our program - in members and dynamic offerings. Thank you for your support.

FIELD TRIP AND HANDS-ON EXPERIENCES TOTAL \$ \_\_\_\_\_

TOTAL FROM PAGE 1 \$ \_\_\_\_\_

\* ANY ADDITIONAL GIFT TO OLLI \$ \_\_\_\_\_

TOTAL ENCLOSED \$ \_\_\_\_\_

*If you need a disability-related accommodation of wheelchair access information, please contact the OLLI office at 559.278.0008 or send an email to osher@csufresno.edu. Requests should be made at least one week in advance.*

**Photograph and media release** (and Guardian if Participant is a minor) grants permission to Fresno State and the Osher Institute to use Participant’s image appearing in any photographs, videotapes, motion picture or any other media for any of Fresno State’s advertising or promotional purposes whatsoever, in perpetuity, throughout the world. If you do not agree please notify OLLI in writing prior to your participation in any OLLI event.

**Please return this form with payment to:**

Fresno State OLLI  
5245 N. Backer Avenue, M/S PB5  
Fresno, CA 93740

**PAYMENT: We accept checks or money orders made payable to FRESNO STATE FOUNDATION. We cannot accept any registrations by phone.**

**CREDIT CARDS:** If you are paying by credit card, please complete the information below and return with your registration form. This information will be destroyed after registration is processed.

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Credit Card Type:     Visa     MasterCard     AmEx        Expiration Date: \_\_\_\_\_

Card Number: \_\_\_\_\_ Security Code: \_\_\_\_\_




# Leaving a **BOLD** Legacy

**Did you know that you can leave a future gift to the Osher Lifelong Learning Institute?**

Make a bold statement by remembering Fresno State's Osher Lifelong Learning Institute through your will, trust, retirement plans or life income gift. The office of Planned Giving can help you identify creative giving strategies that provide for you and your loved ones, while also leaving a legacy that will bring new resources for a future of living inspired.

[fresnostate.giftlegacy.com](https://fresnostate.giftlegacy.com)

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