

Live Inspired!

News and Updates from the Fresno State OLLI

Hi from Jill!

Deni and I had a wonderful week, seeing and hearing many of our members who joined our Zoom Open House. It was great to talk with you!

Kudos to those who participated! We will continue to offer Zoom opportunities for our members and we hope you will join us.

One benefit of our upcoming online programming is that folks living anywhere can register and participate. Geography doesn't matter - just a connection to the internet.

Sunday is Mother's Day and we hope you have a day of celebrating the motherly love you had, you gave or you admire.

Jill

Jill Wagner is the Executive Director of the Fresno State OLLI



Info & Resources

The US Army Field Band features talented soldiers who make beautiful music around the world. Now that they are grounded, you can watch them online [HERE](#). Thanks to John & Maureen Hayes for the suggestion!

If Tropical Fun Sounds Appealing, Hawaiian Air employees are teaching recipes and Hawaiian traditions through their "Sharing Aloha" series [HERE](#)

Atlas Obscura reports on hidden places, incredible history, scientific marvels, and gastronomical wonders. If you love learning, Atlas Obscura is for you! Click [HERE](#) for their website, and find them on social media channels like Facebook, Instagram and Twitter.

The Greater Good Science Center identified 10 building blocks of individual and community well-being — behaviors that research suggests will support your health and happiness, and foster positive connections with other people. Click [HERE](#) to see them.

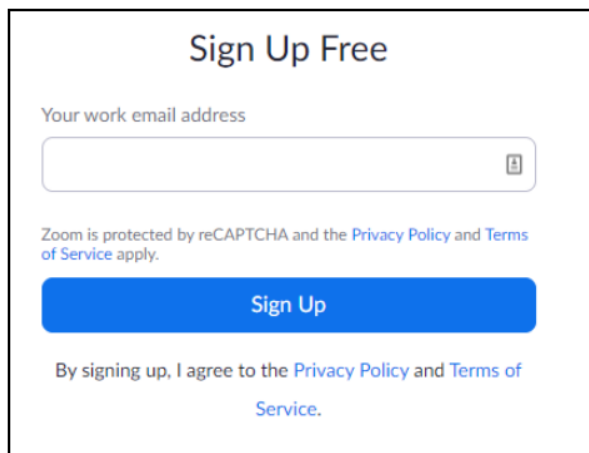
Let's ZOOM!

Zoom is a great platform to video conference, video chat and video learn and it's what we will use for our OLLI offerings in the near future.

It takes just a minute to get a FREE Zoom account. Please do not be intimidated: **You can learn anything!**

From your desktop or laptop computer:

Go to www.zoom.us and click the blue box that says "sign up".



The screenshot shows the Zoom 'Sign Up Free' page. At the top, it says 'Sign Up Free'. Below that is a text input field labeled 'Your work email address'. Underneath the input field, it states 'Zoom is protected by reCAPTCHA and the Privacy Policy and Terms of Service apply.' There is a prominent blue 'Sign Up' button. At the bottom, it says 'By signing up, I agree to the Privacy Policy and Terms of Service.'

NOTE: You do not need to upgrade or pay for your account to participate in the OLLI Zoom. Our license is through the university and allows you to participate fully. If you decide to host your own Zoom meetings with family, friends or interest groups, you may wish to upgrade someday - but there is no need to for OLLI.

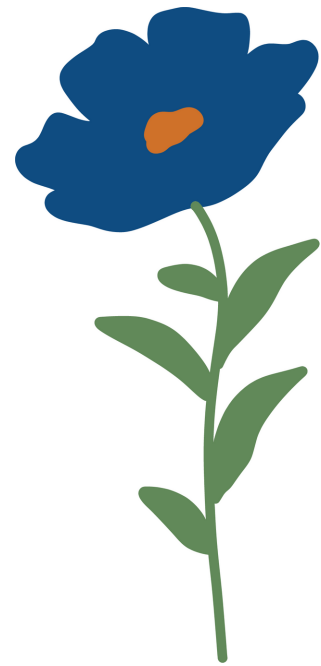
From your phone or tablet:

Apple device (iPhone, iPad) download Zoom from the Apple App store

Android device (phone or tablet that's not an Apple product) download Zoom from the Google Play Store

To get started, here is a great video you can watch on YouTube. Click [HERE](#) to view.

To participate in live video, Zoom will use the camera on your device (phone, laptop, tablet) if it has one. If you do not have a camera on your device, you can listen in by phone but others won't be able to see you.



Member Input Welcome!

We want to hear from you! Are you crafting, cooking, collecting or learning online? Share what you have been doing, or send a photo. You may see it in an upcoming issue.

Send your info/photos to: jiwagner@csufresno.edu