



Summer 2024 CATALOG

On-campus
and online
learning for
those age 50
and better.



**Keynote
Speakers**



**Short
Courses**



Book Club



Adventures

Who we are



“We” are the Osher Lifelong Learning Institute (OLLI) at Fresno State: a unique community for lifelong learners, age 50 and better, eager to explore traditional and new areas of knowledge without the stress of tests or grades.

We offer a wide variety of interesting topics with courses in art, history, literature, health, music and science, current events, and so much more. Our offerings are a mix of in-person, online, and hybrid courses and activities. All are designed to keep minds and bodies active.

You pay a membership fee to participate in the full range of offerings.

Members Receive:

- Admission to all Keynotes
- One guest pass per Keynote
- Opportunity to enroll in OLLI courses and activities
- FREE parking for OLLI campus events
- Information on Fresno State events

Membership fees are non-refundable and non-transferable

Join us and become part of “we.”

Bernard Osher Foundation

There are 125 Osher Lifelong Learning Institutes spanning all 50 states and the District of Columbia. Each is part of a college or university. Our support comes from a grant from the Bernard Osher Foundation, Fresno State, membership and class fees, and donations.



**Barbro Osher
and Bernard Osher**



**Keynote
Speakers**



p.2

**Short
Courses**



p.3-6

Book Club



p.6

Adventures



p.7

Calendar



p.8-9



Keynote Speakers



Jim Boren

The Evolving Landscape of Journalism: Navigating the Uncertain Future of News

Tuesday | June 11 | 2 – 3:30 p.m. | **IN PERSON**

Fresno State Library, Leon S. Peters Ellipse Gallery,
2nd Floor

In this thought-provoking lecture, we will delve into the future of the news industry. As the dynamics of media continue to undergo profound transformations, this session aims to explore the intricate challenges and opportunities that shape the contemporary journalism landscape. With the ever-changing nature of information dissemination, we will analyze the impact of technological advancements, societal shifts, and global events on the field of journalism. We'll gain valuable insights into how journalists navigate the complexities of an uncertain future, adapt to emerging trends, and uphold the principles of ethical reporting. There will, of course, be time for our comments and questions, too.



Blake Zante

How Fresno State's Educational Opportunities Prepared Me for a Career

Monday | August 5 | 2 – 3:30 p.m. | **ZOOM**

Blake Zante is the Executive Director of the Kenneth L. Maddy Institute: a public policy institute in the San Joaquin Valley and housed at Fresno State. A Fresno native, Blake graduated from Fresno State with a bachelor's degree in political science and a master's in public administration. Before joining the Maddy Institute, Blake worked for numerous elected officials and political campaigns at the local, state, and federal levels. During this keynote presentation, he will share how Fresno State's educational opportunities prepared him for a career.



Short Courses



Caves, Stones and Rocks

\$30 Tue. | June 4, 11, 18
10–11:30 a.m. | Zoom

Presenter: **Stephenie Slahor**

Our world has many sites where caves, stones, or rocks play a significant role in geology, human history, and lore. From the Great Pyramids to Easter Island and Mammoth Cave to the Blarney Stone, we'll explore many of the famous and not-so-famous sites.



The Shape of Things

\$20 Thur. | June 6, 13
10–11:30 a.m. | ED 140

Presenter: **Kelly Curry**

History of fashion and garment engineering are the topics as we examine how the layout of corset boning helped shape body and fashion styles through the ages in the Western world. Leading this two-session course is Kelly Curry, the Fresno State Costume Shop supervisor in the Department of Theatre and Dance.



Current Events

\$20 Wed. | June 5, July 3
10–11:30 a.m. | ED 140 and Zoom

Presenter: **Lanny Larson**

With presidential politics, the future of Fresno State, wars, the economy, and whatever else is happening, OLLI members are invited to express their knowledge and respectful opinions about news and the media that keep us current. Former journalist Lanny Larson leads our sessions.

The A-Peel of the Color Orange

\$15 Wed. | June 12
10–11:30 a.m. | Zoom

Presenter: **Eleanor Schrader**

The color orange has a long history of different meanings in different cultures. By nature, orange elicits feelings of warmth, excitement, and optimism. As the balance between red and yellow, orange elicits strong, positive feelings of excitement, but its brightness also can signal danger. Orange is the color of the harvest and its abundance. Our exploration will consider orange in art history, including the creation of the pigment and how artists used the color to convey an array of meanings.



Short Courses



Joseph Goebbels: The Man Who Seduced a Nation!

\$15 **Thur. | June 13**
3–4:30 p.m. | Zoom

Presenter: **Anette Isaacs**

This year's 85th anniversary of Hitler starting World War II presents a fitting occasion to take a closer look at his mouthpiece, Joseph Goebbels. Through his perfidious use of propaganda, this quintessential Nazi was able to turn the dictator into a worshipped god-like figure and seduce a whole nation, and make many stubbornly believe in an essentially unwinnable war. German historian Anette Isaacs presents fascinating insights into the life and mind of this powerful manipulator.

The Power of the Written Word – A Lost Art in a Techy World

\$15 **Tue. | June 25**
1–2:30 p.m. | ED 140

Presenter: **Larry Salinas**

Email, Schmemail. Texting, vexting. Take a break from hi-tech messaging and return to a time of more personal and thoughtful communication. Join Fresno State alumnus Larry Salinas as he shares tips and the magic of writing Thank-You cards; focusing on gratitude to brighten up our days during some turbulent times. A simple act that will hopefully leave you feeling good, and the recipient of your note, even better!

Using Your Smartphone/Device for Photos and Videos

\$40 **Tue. | July 2, 9, 16, 23**
2–3:30 p.m. | ED 140

Presenter: **Ken McCoy**

You'll learn how to take, edit, and share photos and videos using your smartphone or device in this fun, interactive class. Get acquainted with using Facetime and other photo and video applications that allow for interaction and sharing important events and images with friends and family near and far. In-person class meetings will be enhanced through fun weekly "homework" assignments that you do while you learn.

American Indian Dwellings in our National Park System

\$15 **Mon. | June 24**
10–11:30 a.m. | Zoom

Presenter: **David Kroese**

We will explore history through the structures left behind by indigenous peoples and now protected in our National Park System. Parks expert and popular OLLI presenter David Kroese will guide us from Florida's Canaveral National Seashore to Mesa Verde National Park in Colorado and north to Alaska and Katmai National Park and Preserve.

Games You'll Love to Play!

\$15 **Wed. | June 26**
1–3 p.m. | ED 140

Presenter: **Cathy Self**

You will learn three simple, short, fun, family-friendly, easy-to-learn (and teach) card games: Thirty-one, Ninety-nine, and Ten to One. Re-capture the attention of your spouse, friends, children, grandchildren, neighbors, neighbors' kids – anyone who you believe could use a break from their devices for personal interaction. You'll go home with a new deck of cards and written instructions for each game so you can start playing right away.



Short Courses



Dr. Hendrickson's Science Charcuterie

\$40 Mon. | July 8, 15, 22, 29
1–2:30 p.m. | Zoom

Presenter: **Dr. Kjjr Hendrickson**

Sometimes, Dr. Hendrickson's science lectures have really cool scraps left over. In this class, those bits and ends become a charcuterie board of tasty science snacks. Want to know about the current hypotheses on the origins of life, if and why water swirls differently above and below the equator, or how the British military relates to carrot mythology? These topics all ended up here, along with other short, sweet answers to questions addressed in longer formats elsewhere. This will be an adventure with something for everyone. Questions and side quests are very welcome!

Funny You Should Mention It: The Evolution of TV Comedy Into the 21st Century

\$40 Wed. | July 10, 17, 24, 31
10–11:30 a.m. | Zoom

Presenter: **Jim McKarines**

"The comedy-genre breakdown is, in fact, arguably the great artistic advancement seen on television in the last decade." That's how journalist Jennifer Keishen Armstrong saw it in 2022. Built on a foundation of "I Love Lucy," "All in the Family," "The Cosby Show," "Seinfeld," and scores of others in the 20th century, the sitcom today is as scripted as it is improved "The Office," as star-driven as it is star-making "Fleabag," as by-the-books formulaic as it is out-of-the-box innovative "It's Always Sunny in Philadelphia"; as laugh-out-loud as it is emotionally dramatic "Ted Lasso," "Atlanta". This video-heavy course tracks the changes to the form from its earlier days to today's complete upending of its writing, structure, pacing, and timing, rules, and expectations. So what's gonna be for you? "Lucy" or "Lasso?" Join the conversation!

Tai Chi

\$60 Tue./Thur. | July 9, 11, 16, 18, 23, 25
10–11:30 a.m. | ED 140

Presenter: **David Ortiz**

A wellness exercise program for everyone and everybody, Tai Chi is an ancient Chinese style of martial arts comprised of exercises that emphasize breathing control along with whole-body movements with bent knees and slow-flowing motions. Tai Chi exercises can be modified according to physical conditions, allowing each person to perform within their range of motion. Tai Chi builds strength, and stamina and improves balance, as well as physical and mental concentration.



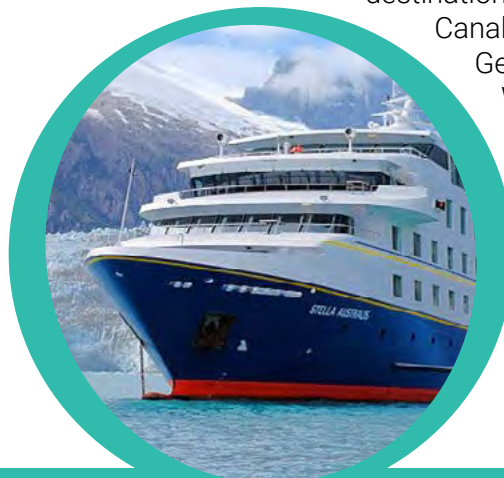
Cruise with Dr. Kus

\$40 Wed. | July 10, 17, 24, 31
1–2:30 p.m. | ED 140

Presenter: **Dr. James Kus**

In four OLLI sessions, Fresno State Professor Emeritus James Kus shares his expertise in geography and archaeology and his experience lecturing on cruise ships visiting Latin America. Each week he'll acquaint us with a different

destination: "The Panama Canal," "Central American Geography and Wildlife," "The Falkland Islands," and "Patagonian Geography and Archaeology."



Short Courses



Victorian Weirdness

\$20 Thur. | July 11, 18
1–2:30 p.m. | Zoom

Presenter: **Eleanor Schrader**

The Victorian Era was a peculiar time to live in. The social-political backdrop and the life and reign of Queen Victoria had a major impact on the art and architecture of this period. The Industrial Revolution required architects to rethink their designs and adapt them to the needs of the people who were finding it difficult to survive. The life of Victorian society was often filled with rapidly changing morals, resulting in some curious, weird, and creepy oddities. This two-part lecture will give us a look at the art and architectural movements of the time, including the Gothic Revival period, the Pre-Raphaelite Brotherhood, and the Arts and Crafts movement, as well as some of the more peculiar designs of the period, such as hair sculptures and poisonous wallpaper.



City Girls in the Central Sierra: Fresno Y.W.C.A. Summer Camps

\$15 Thur. | July 25
2–3:30 p.m. | ED 140

Presenter: **Micheline Golden**

In the 1920s, the Fresno YWCA opened the first local camp for young urban women. Over the next 60 years, they built three camps for thousands of Valley women at Shaver Lake, Huntington Lake, and Dinkey Creek. The camps made an indelible mark on the Central Sierra community, as well as changing the lives of three generations of young women. Join historian Micheline Golden to hear about the camps, the dedicated women who built them, and how the young women of the Central Valley embraced outdoor learning in the Sierra Nevada.



The Brown Bag Book Club



“The Women” by Kristin Hannah

Thursday, August 8 | 11:30 a.m. – 1 p.m. | ED 140 and Zoom

Moderator: **Kay Davies**

We’re trying something new this summer: A “read” as part of our long-running OLLI Book Club, led by educator and avid reader Kay Davies. She selected, “The Women,” Kristin Hannah’s latest best-seller. Kirkus Reviews describes this work of historical fiction as “a dramatic, vividly detailed reconstruction of a little-known aspect of the Vietnam War.” Hannah writes about women who put themselves into harm’s way near the battlefield and suffered many of the same fallout from our nation’s conflicted attitudes about that war when they returned. To participate in the OLLI Book Club, you’ll need to obtain the book from a library, bookseller, or friend; read it; and then be ready for a wide-ranging discussion. We meet over the noon hour, please feel free to bring lunch.

Adventures



Fresno's Chinatown: Its History and Future

Mon. | June 10 | 10 a.m.–12 p.m.

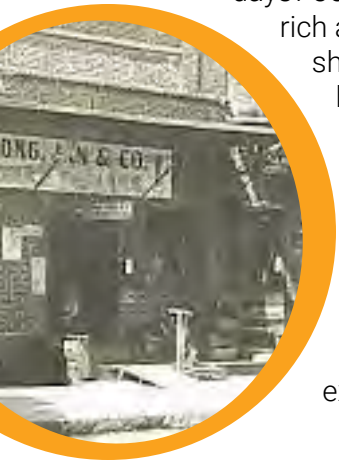
912 F. Street, Fresno, CA 93706

\$20 member / \$25 non-member

Maximum Capacity: 30

Fresno's historic Chinatown was a microcosm of our incredibly diverse community today. Did you know that at least eleven ethnic groups had entire communities that thrived in Chinatown in its early days? Join us as we acknowledge our rich and diverse local heritage, and share and honor our own stories, history, and memories. After a brief lecture by our guide, we will embark on a walking tour of the area.

NOTE: Directions, a map, and parking instructions will be sent to all participants prior to the event. This event requires extensive walking and standing.



Fresno Athletic Hall of Fame

Tue., July 30 | 10 a.m.–12 p.m.

Save Mart Center

\$20 member / \$25 non-member

Maximum Capacity: 50

The Fresno Athletic Hall of Fame has a new permanent location in the southwest corner of the Save Mart Center. You will have the opportunity to visit and explore the rich history of athletics in Fresno County. The tour will consist of an overview of the Fresno Athletic Hall of Fame history. Explore and read about the lives of athletes, coaches, and community leaders through cutting-edge technology.



Woolie Workshop and Farm Tour

Thur. | June 20 | 8:15 a.m.–1:15 p.m.

Basilwood Farm in Prather

\$80 member / \$95 non-member

Price includes registration, bus transportation, tour, workshop, and box lunch.

Maximum Capacity: 30

What's a Woolie? A soap with a sweater, of course! Choose your favorite soap, and make one of these beautiful, felted soaps using hand-dyed sheep's wool (anti-bacterial and anti-microbial) in the loveliest array of color blends. Each becomes its work of art in your hands. A Basilwood Farm tour includes the farm's history, a meet 'n' greet with the goats, a discussion of "goat life," and a tour of the Soap Room.

NOTE: This event requires walking on uneven ground and up and down an incline.



June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 10 a.m. Caves, Stones and Rocks ZOOM	5 10 a.m. Current Events HYBRID	6 10 a.m. The Shape of Things IN PERSON	7
10 10 a.m. Fresno's Chinatown IN PERSON	11 10 a.m. Caves, Stones, and Rock ZOOM 2 p.m. The Evolving Landscape of Journalism IN PERSON	12 10 a.m. The Color Orange ZOOM	13 10 a.m. The Shape of Things IN PERSON 3 p.m. Joseph Goebbels ZOOM	14
17	18 10 a.m. Caves, Stones, and Rock ZOOM	19 Juneteenth	20 8:15 a.m. Basilwood Farm Tour – IN PERSON	21
24 10 a.m. Dwellings in our National Park System – ZOOM	25 1 p.m. The Power of the Written Word IN PERSON	26 1 p.m. Games You'll Love IN PERSON	27	28

July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 2 p.m. Using Your Smartphone IN PERSON	3 10 a.m. Current Events HYBRID	4 Independence Day	5
8 1 p.m. Science Charcuterie ZOOM	9 10 a.m. Tai Chi IN PERSON 2 p.m. Using Your Smartphone IN PERSON	10 10 a.m. Funny You Should Mention It – ZOOM 1 p.m. Cruise with Dr. Kus IN PERSON	11 10 a.m. Tai Chi IN PERSON 1 p.m. Victorian Weirdness ZOOM	12

July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15 1 p.m. Science Charcuterie ZOOM	16 10 a.m. Tai Chi IN PERSON 2 p.m. Using Your Smartphone IN PERSON	17 10 a.m. Funny You Should Mention It – ZOOM 1 p.m. Cruise with Dr. Kus IN PERSON	18 10 a.m. Tai Chi IN PERSON 1 p.m. Victorian Weirdness ZOOM	19
22 1 p.m. Science Charcuterie ZOOM	23 10 a.m. Tai Chi IN PERSON 2 p.m. Using Your Smartphone IN PERSON	24 10 a.m. Funny You Should Mention It – ZOOM 1 p.m. Cruise with Dr. Kus IN PERSON	25 10 a.m. Tai Chi IN PERSON 2 p.m. City Girls in the Central Sierra IN PERSON	26
29 1 p.m. Science Charcuterie ZOOM	30 10 a.m. Fresno Athletic Hall of Fame IN PERSON	31 10 a.m. Funny You Should Mention It – ZOOM 1 p.m. Cruise with Dr. Kus IN PERSON		

August

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5 2 p.m. How Fresno State's Educational Opportunities Prepared Me for a Career ZOOM	6	7	8 11:30 a.m. Book Club HYBRID	9



Non-Profit
Organization
U.S. Postage
PAID
Fresno, CA
Permit No. 262

Continuing and Global Education
California State University, Fresno
5005 N. Maple Ave. M/S ED76
Fresno, CA 93740-8025

CHANGE SERVICE REQUIRED

OLLI Advisory Council

Nancy Busch
Dawn Diestelkamp
Nancy Kast
Lanny Larson
MaryEllen Ogle
Lois Rigsbee
Valerie Vuicich

Scott Moore, PhD
*Dean, Continuing and
Global Education*

Pamela Dyer,
Acting Executive Director

Rikki Alvarez,
Program Manager

559.278.0008

email: osher@csufresno.edu
fresnostate.edu/olli



How it Works

✓ Make your Selections

- ▶ Review this semester's offerings and make your selections. You may choose additional courses and activities at a later date.
- ▶ It may be helpful to use the enclosed form as a worksheet before using the online registration system. That way you'll also have a copy for future reference.
- ▶ Registrations are processed on a first-come, first-served basis. Some activities may have participant caps.
- ▶ **OLLI courses and activities are self-supporting - a minimum enrollment is required.**
- ▶ **Course fees vary according to course length and are non-refundable and non-transferable.**

Guidance for hybrid OLLI offerings

- ▶ When you register, you will be asked to choose "**IN-PERSON**" or "**ZOOM**" for our hybrid classes.
- ▶ If you register for an in-person course and change your mind to attend online, please notify us so we can offer your in-person seat to those on the waiting list.
- ▶ *We do our best to offer hybrid classes. However, those participating online may not be able to fully participate in the discussion due to technology limitations. We are committed to providing the best experience possible, recognizing that glitches may happen. We thank you for your understanding.*

✓ Register Online

- ▶ It's super quick and easy to register and pay online. No Math. No Envelopes. No Stamps.
- ▶ Just register online, pay through the secure payment portal, and you'll be registered in a flash.
- ▶ **Go to fresnostate.edu/olli**
- ▶ **First time?** When you first use the online registration system, you will be prompted to provide information and you'll select a username and password.
SAVE YOUR PASSWORD!!
- ▶ **Returning Member?** All your information is already saved – just login with your password and make your selections!

✓ Register By Mail

- ▶ Complete all sections on both sides of the registration form, place in your envelope, affix a stamp and pop it in the mail. Our address is on the registration form.
- ▶ If you need help, please call **559.278.0008** and we will answer your questions.



How it Works



Install Zoom

- ▶ Zoom is the platform we use for our OLLI offerings. It takes just a minute to get a **FREE** Zoom account.
- ▶ Please do not be intimidated. You can learn anything!
- ▶ From your desktop or laptop computer, phone or tablet:
 - Apple device (iPhone, iPad): Download Zoom from the Apple App Store.
 - Android device (phone or tablet that's not an Apple product): Download Zoom from the Google Play Store.
 - Open the app or go to **www.zoom.us** and follow the instructions on screen.
- ▶ To participate in live video, Zoom will use the camera on your device (phone, laptop, tablet) if it has one. If you do not have a camera on your device, you can listen in by phone but others won't be able to see you.
- ▶ **NOTE:** You do not need to upgrade or pay for your account to participate in OLLI Zoom events. Our license is through the university and allows you to participate fully. If you decide to host your own Zoom meetings with family, friends or interest groups, you may wish to upgrade someday - but there is no need to for OLLI.
- ▶ If you cannot log in to a video platform, you can listen to classes via telephone. The phone number to dial in to will be provided once you register.
- ▶ We do our best to offer these hybrid classes; however, those joining us on Zoom may not be able to fully participate.



Share Your OLLI Enthusiasm

- ▶ Invite your friends and family to join OLLI. Learning is even more fun when shared with others.
- ▶ Follow Fresno State OLLI on Facebook at www.facebook.com/FresnoStateOLLI/
- ▶ Post about your OLLI classes on your social media and tag "us" Fresno State OLLI.





SUMMER 2024 Registration Form

- New Member
- Returning Member

- ▶ Register online at: fresnostate.edu/olli
- ▶ Use one registration form per member

Member Information

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Email Address _____

Phone _____ Cell Phone _____

What is your occupation (current or previous) _____

Are you a Fresno State Alumna/us Yes No Year of graduation _____

Degree: _____

Your age group 50-60 61-70 71-80 81-90 90+

Other: _____

Summer 2024 Selections

Membership Fee \$ 20 _____

OLLI Courses \$ _____

Book Club \$ _____

Adventures \$ _____

Donation \$ _____

TOTAL DUE \$ _____

Donation

OLLI members and friends of the Osher Institute are encouraged to consider making a tax deductible donation to the Fresno State Osher Lifelong Learning Institute.

Your donation helps us continue to provide excellent, lifelong learning opportunities and to keep OLLI fees affordable.

Payment

For best results use our online ordering tool at fresnostate.edu/olli

Paying by Check:

Make payable to FRESNO STATE FOUNDATION
Please return this completed form and payment to:

Fresno State OLLI

5005 N. Maple Ave. M/S ED76
Fresno, CA 93740-8025

Questions? 559.278.0008 | osher@csufresno.edu

Credit Card: If you are paying by credit card, please complete the form below. This information will be destroyed after registration is processed.

Card Type: Visa Master Card AmEx

Name on the card: _____

Card Number: _____

Expiration Date: _____ Security Code: _____

Where did you hear about us?

- Previously a member
- Friend
- Newspaper
- Catalog
- Online
- Other: _____

Selections

Select	Start	Keynotes - included with membership	
	6/11	The Evolving Landscape of Journalism – IN PERSON	
	8/5	From Classroom to Career – ZOOM	
Select	Start	Short Courses	
	6/4	Caves, Stones, and Rocks – ZOOM	\$30
	6/5	Current Events – IN PERSON	\$20
	6/5	Current Events – ZOOM	\$20
	6/6	The Shape of Things – IN PERSON	\$20
	6/12	The A-Peel of the Color Orange – ZOOM	\$15
	6/13	Joseph Goebbels – ZOOM	\$15
	6/24	American Indian Dwellings – ZOOM	\$15
	6/25	The Power of the Written Word – IN PERSON	\$15
	6/26	Games You'll Love to Play – IN PERSON	\$15
	7/2	Using Your Smartphone/Devices for Photos and Videos – IN PERSON	\$40
	7/8	Dr. Hendrickson's Science Charcuterie – ZOOM	\$40
	7/9	Tai Chi – IN PERSON	\$60
	7/10	Funny You Should Mention It – ZOOM	\$40
	7/10	Cruise with Dr. Kus – IN PERSON	\$40
	7/11	Victorian Weirdness – ZOOM	\$20
	7/25	Girls in the Central Sierra – IN PERSON	\$15
Select	Start	Book Club	
	8/8	The Women by Kristin Hannah – IN PERSON	\$15
	8/8	The Women by Kristin Hannah – ZOOM	\$15
Select	Start	Adventures	
	6/10	Fresno's Chinatown – MEMBER	\$20
		Fresno's Chinatown – NON-MEMBER	\$25
	6/20	Woolie Workshop and Farm Tour – MEMBER	\$80
		Woolie Workshop and Farm Tour – NON-MEMBER	\$95
	7/30	Fresno Athletic Hall of Fame – MEMBER	\$20
		Fresno Athletic Hall of Fame – NON-MEMBER	\$25
		TOTAL:	

Color Codes

Please note the color coding of each course, keynote talk, adventure and book club on this registration form to determine whether it is offered in person only, online via Zoom only, or via a hybrid of both.

If the item is offered as a **hybrid**, it will be listed twice for the same date, please register for **either IN PERSON** or **ZOOM** option.

BLUE = IN PERSON
ORANGE = ZOOM

By participating in OLLI offerings, when you register you agree that you grant permission for your name and likeness to be visible to OLLI staff, other members and the instructor - just like when you attend offerings in person.

osher@csufresno.edu